




Unlock Your Inner GENIUS

A Practical Guide To Uncover Your Gifts & Profit From Them



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Uncovering The Genius Within

Here is where the fun begins. Or for you, it may be where the scary part begins.

I often hear, "I know my purpose, I am going to pursue it, I am taking the steps towards it, and it scares me". I'd like to redefine what you're feeling.

You are not scared. Instead, you are sensing the grand expression of your soul.

The first time I felt something similar to this was while hiking Roraima in Venezuela. Roraima is a Tepui, a flat top mountain, home to unique flora & fauna, resembling pre-historic times. This mountain is the inspiration for *The Lost World*, and is also featured on the Disney movie *Up*.

We had been leading up to this hike, took a bus ride for over 20 hours (I had never been on a bus for two hours, let alone across my country), packed all food, gear, and courage to take this 5 day backpacking excursion. We hiked for two days on dry and hilly terrains for long stretches, and from a distance we could see Roraima.

I remember the afternoon before the straight climb, setting camp at the base of the mountain admiring the beauty of the untouched habitat that surrounded me. In the morning, we began our climb, and all of a sudden it *hit* me. I could feel the power, the awe inspiring Presence of the spirit of this mountain. It could have looked as fear, as I scrambled hand over foot with a heavy backpack, but in that moment, I could sense the difference.

Awe inspiring.

That, my dear friend, is what we are probably feeling at the notion that we could actually uncover our genius, and create a life that revolves around our beautiful gift, and that this gift supports us, inspires and serves those ready to receive.

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1. Naming the Dharma¹: *The Life Purpose that pours out of our every cell.*

Before we think this exercise is about finding a job we are going to do, I want to set our expectations straight. Our Dharma, our beautiful life purpose is NOT about a job, it is about a resonance. It is about emanating who we are with every ounce of ourselves, with everything we say, write, touch, and breathe. Yes, this Dharma is not about a store we will open, or a service we will offer, it is about us **OWNING the brilliance of who we each are.**

It is about **confidence** and that we are fully supported in doing this (yes, much comes up with this piece). Our doubts arise, our fears perk up, and so I advise us to go back to the solutions (EFT, hypnosis, NLP, Presence, or Karma Healing) for the unconscious patterns we have been running.

Naming the essence we wish to embody more of, allows us to anchor that resonance, and allows us to have something hopeful and powerful to move towards.

If we are an entrepreneur, we may feel slightly ADD, and sense that we could be a lot of things. Well, that's not necessarily bad. Some of us have more dimensions than others, and our curiosity inspires us to explore the deepest, most interesting corners of life through our career choices.

We may feel like we should be ONE thing, but if we were ONE thing, we would probably not be reading this. We would be happy doing our 9-5 job, loving the 401K, moving up in a industry that we love, and our five year plan would be set and on track. So, if we were looking for permission to be more than one thing, I now offer us the space so that WE can give ourselves the permission to be multi dimensional, and a hell of a lot more interesting than our linear, corporate ladder lover friends.

¹ This portion of the writing is inspired by the teachings of John Wyrick. The Dharma types & this Dharmic perspective are his life's work.

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Homework

Check the Dharma types you connect to the most:

- | | | | |
|------------------------------------|---------------------------------------|-------------------------------------|--------------------------------------|
| <input type="checkbox"/> Mother | <input type="checkbox"/> Queen | <input type="checkbox"/> Midwife | <input type="checkbox"/> Editor |
| <input type="checkbox"/> Teacher | <input type="checkbox"/> Politician | <input type="checkbox"/> Artist | <input type="checkbox"/> Author |
| <input type="checkbox"/> Healer | <input type="checkbox"/> Humanitarian | <input type="checkbox"/> Artisan | <input type="checkbox"/> Leader |
| <input type="checkbox"/> Merchant | <input type="checkbox"/> Mystic | <input type="checkbox"/> Weaver | <input type="checkbox"/> Tinkerer |
| <input type="checkbox"/> Priestess | <input type="checkbox"/> Herbalist | <input type="checkbox"/> Gardener | <input type="checkbox"/> Architect |
| <input type="checkbox"/> Matriarch | <input type="checkbox"/> Dancer | <input type="checkbox"/> Seamstress | <input type="checkbox"/> Philosopher |
| <input type="checkbox"/> Sister | <input type="checkbox"/> Yogini | <input type="checkbox"/> Writer | |

Note: This is not the full list, but it can serve as a start for you...

Now, please select from the circled ones, the top 2-3 Dharma types that MOST call you in this moment. List them:

- 1.
- 2.
- 3.

Allow yourself to select from a place of being in the NOW.

Not from what you *think* you should select or what you have been up to this point. Allow this document to be a vessel of your truth, allow me to walk you through, even if just with my written words, the truth that you seek within, and the truth that you are ready to own about who you really are.

I trust that. I trust that because I have seen the power of this uncovering, and have seen what happens to women who start owning their Dharma type. Even if they do not fully understand it, there is power in you and I collaborating for the sake of upgrading your life, your genius, and your abundance. And yes, we will get to the abundance piece soon.

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2. Friends Tell Me I'm Great At...

This may or may not connect to the Dharma type, depending on whether we have any patterns of being sacrificial. Sometimes we play roles that are about diminishing our light, but I am not talking about that. I am not talking about the destructive patterns we sometimes engaged in, I am talking about the patterns that everyone around recognizes we possess, and they seek us out for it, even if they don't always love what we have to say or do, they somehow know we are brilliant at this. For instance if our younger sister wants to prove that she can have a garden in her New York city apartment, and we are so good with plants. She then comes to us, begrudgingly, because her plants are dying, and we give her the magic touch pointers, and her plants thrive. She deeply understands our talent, but to us it is second nature.

It could also be that our best friend avoids us because every time we talk, we make her face her stuff, and she just wants life to be light and fun. But, when her overwhelm takes over and she knows she has to shift, we are the person she reaches for to text or even to call.

This could also be work related; people recognize our talent with negotiations, even if they hate our lack of attention to detail.

Know that others are always going to be triggered or have an opinion about our gifts. That my friend, never changes. We may be teased of in a fun loving way, but the day will come when someone will right down offend and call us a name because our genius rattles their existence and maybe even their own genius within gets a little disturbed by the transparency of who we are.

Basically, we may always piss people off, no matter what we do. So we might as well accept the talents people naturally see in us, tainted or not. The talent is there. We know it, and they know it.

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3. What can you monetize?

I remember a time in my life, when I knew that my talent was solid in helping people make a good living through a combination of dealing with their self limitations & providing them with the right business tools. Yet, I was not bringing in the income I wanted.

I didn't necessarily think it had to do with worth, because I had been making a decent six figure income in a corporate environment, and I did not have problems getting people to hand me a \$1 million dollar purchase order. But, when it came to my passion, my work, I had a lot of mixed feelings. As people devoted to the transformation of the planet, we have been fed a lot on whether we have the right to charge for spiritual, artistic, or educational services. You name it.

If it has a heart, we have been programmed to offer it up for free.

This, my sweet friend, is keeping us from playing in the big leagues, pinching pennies, and maybe even having to move into our parent's basement. Not fun. Ok, maybe it's not *that* bad, but why receive income from something that does not fill us up and shun the very thing that nurtures our existence?

Heart-based Worth.

Can we start activating this for ourselves? Accept that our heart is big and wide, and that our income ought to reflect that. Could we? I think so.

Nitty-gritty:

So, let's start getting real about the Dharma types that could easily support you.

Let's keep it practical, but not so practical that we cannot access possibilities beyond what we can see or know about.

Recently I shared that I had signed on a \$50K/ year client. This was an upgrade for my business and for my work. People who I shared with could not believe that in less than a year, I created a six figure income working very part time and while raising two spirited daughters.

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Anything is possible, if you are ready, to invest your energy in refining your Dharma, and have access to the right tools to get you there.

Without too much overthinking, list the 2-3 Dharma types that you circled in the first Dharma type exercise.

Dharma types I can monetize:

Do any of these overlap with the “Friends tell me I’m great at...” Dharma types?

It’s ok if they don’t.

I would love to hear your answer. Email me at asha@ashaisnow.com I totally want to hear all your answers to this section!



Asha Ramakrishna is a Spiritual & Business Mentor, whose mission is to provide revolutionary tools & accurate guidance to powerful women in order to create Heaven.On.Earth. Asha has created systems that can be customized to bring about the results each woman is seeking.

Her background as a Molecular Biologist and the twenty years in Sales & Business Development allow her the expertise and systematic tools to help analyze systems clearly. This critical and fine-tuned set of skills is balanced by her highly Intuitive, Heart-Centered approach to communicate the truth of what is needed or missing to move the person or business on the right track to success.

Asha is committed to help women Reclaim their Power, Activate their Life Purpose, to build the business they want, to create Life & Work Balance, to honor themselves, and to create their unique Heaven on Earth.

Asha's purpose is to guide the way to eliminate low self-esteem, aid in the practice of nurturing Personal Power, and teach practical tools to experience wealth, happiness, fulfillment & love.