

Create Miracles
Workbook
Asha Ramakrishna

CONFIDENCE



CONFIDENCE TO-DO



DOWNLOAD MIRACLES WORKBOOK:

✦ Tool to heal all emotional obstacles



NAME THE OBSTACLES



MY WHY



MY ACCOMPLISHMENTS



NAME THE OBSTACLES

NAME IT.
CLEAR IT.
HEAL IT.

Set a timer: 5 MIN

Write without filtering yourself.

List everything that you feel is standing in your way to do this program, to start a business, or to be successful.

List all your fears and concerns.

By naming it, you have space to shift it.

By shifting you clear, let go, and heal it.

We recommend you BURN the list once completed!



MY OBSTACLES:

② MY WHY

Set a timer: 5 MIN

IN the next page, we invite you to write in each square your why('s); the reason(s) you are taking this journey.

Do not focus on what is not working in your life and career, but also focus on your DESIRES. (see miracles workbook for more on this)

* Feel free to print it out and put images + pictures that can serve as reminders of your unique WHy(s)



MY WHY



MY ACCOMPLISHMENTS

Being Confident is more than a feeling. It is about communicating with your subconscious that you are already successful.

Most people do not do a retrospective of their accomplishments, are hard on themselves, and can let limiting beliefs hold them back...

But not you!

We invite you to list ALL your accomplishments (big and small), and to keep this list close to you, so that you can remember that you are ALREADY SUCCESSFUL.



MY ACCOMPLISHMENTS

Set a timer: 5 MIN
GO!



“

**Confidence does not come when
you have all the answers, but
when you are ready to face all the
questions.**

. . .

WE ARE HERE TO SUPPORT YOU!